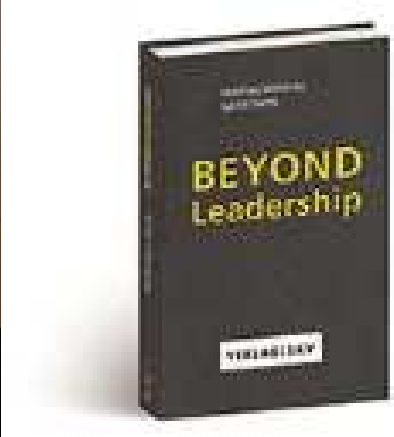




«Sustainable Crisis Leadership»
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Sustainable Crisis Leadership (1)



Inner attitude + specific interpersonal communication.

Sustainable Crisis Leadership (2)



Roman emperor Marcus Aurelius (121-180 A.D.) – a stoic:

- Accept the negative situation, keep being flexible.
- Controlling the own mindset: «Our life is what our thoughts make it.»
- Negative visualization as a factor of calming and even good mood!
- New chance for new people.

Sustainable Crisis Leadership (3)

Inner attitude:

- Socrates, Möllene/Cowden: Who am I? What am I striving for? (self-question + dialogue)
- Plato: «Being good.»
- Marcus Aurelius: «What is your profession? 'To be good.»
- **I as a leader want to be good for my team → flat hierarchies!**

Sustainable Crisis Leadership (4)



Foto: picture-alliance

Specific interpersonal communication → **DIALOGUE!**

Mölleney/Cowden (2):

Who are WE? What do we have in common?

What goals do we want to define and how do we want to solve the problem?

→ flat hierarchies, more efficiency!

Sustainable Crisis Leadership (5)



Mölleney/Cowden (3):
What will I contribute
to solve the common vision or the problem that we have?

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Sustainable Crisis Leadership (6)

True Sustainable Crisis Leadership (according to the stoics + Mölloney/Cowden):

- **Moments of crisis:** we have to deal intensively with negative scenarios and facts.
- They promote inner peace (sic!).
- They promote freedom of thought, because old and no helpful thought patterns are discarded.
- This process should be done **via self-dialogue and via dialogue in the team!**
→ **flat hierarchies, more efficiency!**

Beyond Leadership Activation Circle

